



## SACRAMENT PREPARATION

Preparing for the Sacraments of First Reconciliation and First Holy Communion is a family experience designed to bring light and life into your homes and hearts as you share the love of Jesus and why He gifted us these two special Sacraments. Most of the preparation process will take place at home through regular family meetings guided by Pathways Mend and Nourish.

There are two preparation sessions for **parents only**. At least one parent must attend both sessions. Dinner is provided! Please save the dates:

- Thursday, January 6th at 6:30pm for parent preparation session #1 – Reconciliation
- Thursday, January 20th at 6:30pm for parent preparation session #2 – Eucharist

Sacramental Prep students must attend at least one teaching Mass with a parent. You will have the option to attend a teaching Mass on:

- Monday, February 7th at 6:30pm or
- Thursday February 24th at 6:30pm



## M E N D

Mend is a First Reconciliation family experience designed to equip parents to teach, share faith, and pray with their children as they lead 7 family meetings in your home. Families will encounter Jesus and experience the beauty of Reconciliation as it connects to daily life by forming clay, making field goals, reading Scripture, engaging in meaningful conversation, and much more.

- Meeting 1: January 23th- Handmade
- Meeting 2: January 30th - The Fruit
- Meeting 3: February 6th - Lost and Found
- Meeting 4: February 13th - Washed Clean
- Meeting 5: February 20th - The Goal
- Meeting 6: February 27th - Hearts and Stones
- Meeting 7: March 6th - Healed

On March 12th from 10am-12pm, we will celebrate the Sacrament of First Reconciliation with a special Penance Service held only for Holy Trinity Sacramental Prep Students. Students must be accompanied by one parent or caretaker. Please add this date to your calendar. Each child must receive the Sacrament of First Reconciliation before receiving First Holy Eucharist.



# NOURISH

Nourish is a First Holy Communion family experience. As you lead your family through 10 meetings you will encounter Jesus and experience the beauty of the Mass as it connects to daily life by building puzzles, baking, reading Scripture, engaging in meaningful conversation, and much more. Traditional classroom learning will be enhanced by parent participation as faith transitions from the classroom to the living room.

- Meeting 1: February 20th - Gather
- Meeting 2: February 27th - Forgive
- Meeting 3: March 6th - Listen
- Meeting 4: March 13th - Respond
- Meeting 5: March 20th - Prepare
- Meeting 6: March 27th - Transform
- Meeting 7: April 3rd- Share Peace
- Meeting 8: April 10th - Receive
- Meeting 9: April 17th - On a Mission
- Meeting 10: April 24th - Celebrate

First Holy Communion Masses will be celebrated on Saturday May 7<sup>th</sup> at 10am. You will Rehearsal will be on Friday, May 6<sup>th</sup> at 5:30pm.

At the end of each Mend and Nourish meeting, you will use an online accountability form to either upload a picture of your family activity, answer a question or, briefly share your experience with me. For your convenience, I will email everyone a reminder and link to the accountability form the day each accountability task is due. If the Holy Spirit is moving your family forward at a quicker pace, please feel free to continue ahead of the schedules above.