

Discipleship Display

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Lion's Heart

I am a part of a youth volunteering program called Lion's Heart, and I actively volunteer with a group of 10-20 friends my age and help the community wherever it needs helping, mostly in less fortunate areas. We often work with food banks to support people that are in need of food. Working with Lion's Heart greatly resembles the Catholic Social Teaching theme "Option for the Poor and Vulnerable".



Orange County Fire Authority

In an event a few months back, my Lion's Heart folks and I visited the local Fire Station to gift home-baked goods to the fire-fighters on site. Many are away from their families for several days at a time, and live in the Fire Station. We thought it a good idea to bring those hard working people some baked treats, and in return, the fire-fighters gave us a tour of their garage with all of the impressive fire engines that they use.

I believe that our visit to the Orange County Fire Station proves the Catholic Social Teaching theme of "Call to Family, Community, and Participation". People have a right and duty to participate in society, seeking together the common good and well-being of all.









Newport Bay Estuary

Upper Newport Bay is the largest of only a few remaining natural estuaries in Southern California. An estuary is a coastal wetland where salt water from the ocean mixes with nutrient-rich fresh water from inland sources, to provide a fertile feeding area for birds, fish and other animals.

In the picture shown, my friend Sean (right) and I (Left) are getting ready to paddle out into the Newport Bay Estuary to learn how to protect the environment and to rescue sea birds from possible danger.

The event was done through the Newport Bay Conservancy and part of my school's AP Environmental Science Course.

It resembles the Catholic Social Teaching theme of "Care for God's Creation".