## Discipleship Display

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## Description

A few months ago I volunteered at the Second Harvest Food Bank in Irvine. While I was there I did many things to help the community of those who are less fortunate then I am. During my time at Second Harvest I did things such as sorting plastic bottles from glass bottles, cut boxes, and organized food. The Catholic Social Teaching which I believe is best displayed is, option for the poor and vulnerable. I think this teaching is displayed the most because it involves helping the poor and those who may be vulnerable. By volunteering at the food bank I was able to help distribute food out to those who don't constantly have access to food and experience food insecurity. It is important to help all people no matter what their situation is or how much money they have because at the end of the day we are all children of God and should help each other out.



## OPTION FOR THE POOR

A basic moral test is how our most vulnerable members are faring, in a society marred by deepening divisions between rich and poor, our tradition recalls the story of the Last Judgment (Mt 25:31-46) and instructs us to put the needs of the poor and vulnerable first.





SECOND HARVEST FOOD BANK ORANGE COUNTY

9014

My friend and I at the food bank

The food bank's logo

Outside of the food bank