



2023- 2024 Holy Trinity Sacramental Prep Schedule

Preparing for the Sacraments of First Reconciliation and First Holy Communion is a family experience designed to bring light and life into your homes and hearts as you share the love of Jesus and why He gifted us these two special Sacraments. Most of the preparation process will take place at home through regular family meetings guided by Pathways Mend and Nourish.

There are two mandatory preparation retreats. Students need to attend both retreats with at least one parent. These retreats are designed to help parents refresh your own understanding and desire for the sacraments while experiencing the prep process with your child. All the materials needed for the home family meetings will be distributed at the retreats. Please understand that of these dates are important elements of the preparation process. Make up opportunities will be made available for emergency situations only.

Please Save The Dates:

First Reconciliation Retreat: Saturday, December 9, 9:00am-12:00pm or 1:00pm-4:00pm

First Holy Communion Retreat: Saturday, March 9, 9:00am-12:00pm or 1:00pm-4:00pm

The Sacrament of First Reconciliation

Mend is a First Reconciliation family experience designed to equip parents to teach, share faith, and pray with their children as they lead 7 family meetings in your home. Families will encounter Jesus and experience the beauty of Reconciliation as it connects to daily life by forming clay, making field goals, reading Scripture, engaging in meaningful conversation, and much more.

Retreat 1: December 9 – First Reconciliation

Meeting 1: December 10 – Handmade

Meeting 2: December 17 – The Fruit

Christmas: December 24 – No Meeting

New Year: December 31 – No Meeting

Meeting 3: January 7 – Lost and Found

Meeting 4: January 14 – Washed Clean

Meeting 5: January 21 – The Goal

Meeting 6: January 28 – Hearts and Stones

Meeting 7: February 4 – Healed



On February 10 from 10:00am-12:00pm, we will celebrate the Sacrament of First Reconciliation with a special Penance Service held only for Holy Trinity Sacramental Prep Students. Students must be accompanied by one parent or caretaker. Please add this date to your calendar. Each child must receive the Sacrament of First Reconciliation before receiving First Holy Eucharist.



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The Sacrament of First Holy Communion

Nourish is a First Holy Communion family experience. As you lead your family through 10 meetings, you will encounter Jesus and experience the beauty of the Mass as it connects to daily life by building puzzles, baking, reading Scripture, engaging in meaningful conversation, and much more. Traditional classroom learning will be enhanced by parent participation as faith transitions from the classroom to the living room.

Meeting 1: February 11 – Gather

Meeting 2: February 18 – Forgive

Meeting 3: February 25 – Listen

Meeting 4: March 3 – Respond

Retreat 2: March 9 – First Holy Communion

Meeting 5: March 24 – Prepare

Easter Sun: March 31 – No Meeting

Meeting 6: April 7 – Transform

Meeting 7: April 14 – Share Peace

Meeting 8: April 21 – Receive

Meeting 9: April 28 – On a Mission

Meeting 10: May 5– Celebrate



At the end of each Mend and Nourish meeting, you will use an online accountability form to either upload a picture of your family activity, answer a question or, briefly share your experience with me. For your convenience, I will email everyone a reminder and link to the accountability form the day each accountability task is due. If the Holy Spirit is moving your family forward at a quicker pace, please feel free to continue ahead of the schedules above.

First Communion Dates!

First Holy Communion Masses will be celebrated on Saturday May 11 and Saturday, May 18 at 10:00am. Parents will have the opportunity to choose which date works best for your family. Children will need to arrive at the Parish Hall by 9:15am. All First Communion Celebrants will process in at the beginning of Mass and sit together in the first three pews. A photographer will be present to capture their first moment receiving Jesus. Certificates will be available to pick up directly after Mass. *Rehearsal information...TBD!*