

HOLY TRINITY
CATHOLIC CHURCH

Adult Confirmation

COME, HOLY SPIRIT, COME

PREPARATION SESSIONS

This eleven-week preparation process emphasizes the basics of Catholic teaching. Preparations sessions are lead by Deacon Anthony and his wife, Rayann Palazzolo. Sessions are held on Sundays at 11:45am after the 10:30am Mass time. The preparation journey begins on the First Sunday of Lent, February 18, 2024. If all the requirements have been met and the Candidates feel fully prepared, they will receive Sacrament of Confirmation on Penecost Sunday, May 19, 2024.

REQUIREMENTS

- Over the age of 18
- Must be baptized Roman Catholic who has received First Eucharist
- Provide a copy of Baptismal Certificate and First Communion Certificate
- Attend all 11 Preparation Sessions
- Submit Saint Report
- Select a Sponsor to accompany you in the preparation process
- Submit completed Sponsor Form

SPONSOR REQUIREMENTS

- A Sponsor must be a Confirmed Catholic who lives their faith and is willing to accept the privilege of supporting their Candidate during the Confirmation preparation and beyond
- A Sponsor may not be the Candidate's parent or spouse
- A Sponsor must have received all three Sacraments of Initiation:
 - Baptism, Confirmation, and First Communion
- At least 18 years of age
- If married, it must be a valid Catholic marriage



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2024 SCHEDULE

Session 1: 1st Sunday of Lent, 2/18

- ***Please bring Baptism & First Communion Certificates***
- Program Overview & Materials
- How to Choose a Sponsor

Session 2: 2nd Sunday of Lent, 2/25

- Chapters 1 & 2

Session 3: 3rd Sunday of Lent, 3/3

- Chapters 3 & 4

Session 4: 4th Sunday of Lent, 3/10

- Chapters 5 & 6
- ***Sponsor Affirmation Due***

Session 5: 5th Sunday of Lent, 3/17

- Chapters 7 & 8

Session 6: Palm Sunday, 3/24

- Chapters 9 & 10

Easter Vigil, Saturday, 3/30

- ***Rite of Welcome into the Holy Church***
- ***Sponsors Attend***

Easter Sunday, 3/31

- **Christ is Risen!**
- **No Session**

Session 7: Divine Mercy Sunday, 4/7

- Chapters 11 & 12
- ***Saint Reports Due***

Session 8: 3rd Sunday of Easter, 4/14

- Chapters 13 & 14

Session 9: 4th Sunday of Easter, 4/21

- Chapters 15 & 16

Session 10: 5th Sunday of Easter, 4/28

- Chapters 17 & 18

Session 11: 6th Sunday of Easter, 5/5

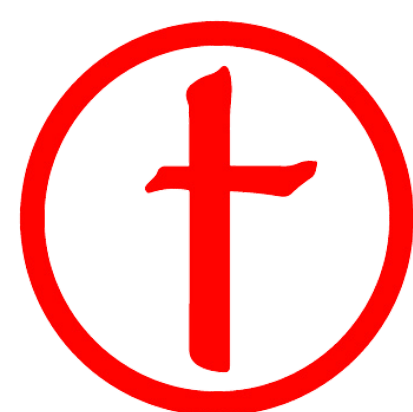
- Chapter 19 & Rehearsal
- Sponsors Attend

The Ascension of the Lord & Mother's Day, 5/12

- **No Session**

Pentecost Sunday, 5/19

- ***Confirmation Mass, 8:30am!***
- ***Sponsors Attend***
- ***Arrive to the church no later than 8:00am***



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CLASSROOM #2

SUNDAYS: 11:45AM -1:00PM



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THE ROLE OF A SPONSOR

PRAYS

When we reflect on our lives in connecting with Jesus' life, death and resurrection, we pray. This kind of prayer allows the Holy Spirit to continue the conversion process begun in us at baptism. Prayer makes us sensitive to the presence of God in our ordinary day to day living. It doesn't matter how you pray, each of us has our own way of praying! Failing to pray distances us from God and makes the possibility of living the Christian way of life remote!

Your Candidate will be looking to you as they strive to discover their own path of continual conversion. Sharing your prayer life will be an immense help. Now may be the time for you to discover for yourself the form of prayer best suited to you. You may want to try praying with scripture or practicing "centering prayer" to discover the best way for you to come to know God.

LISTENS

One of the primary tasks of a Sponsor is to help the Candidate uncover their own story. That can only happen when we allow the Candidate to speak and when we listen with reverence to what they have to say. They need to know we value them as a person and that we regard them as an authentic voice of Christ in our faith community. Good listening allows the kind of sharing to happen that helps people grow in self-understanding and confidence.

Sometimes it is hard for us to put our story aside and listen to others. That may be the biggest challenge of being a Godparent/Sponsor, but it will also bring the greatest reward. Begin to have conversations about the Candidate's life. It is all right to ask, "How is your faith walk going, or as a Christian how are you doing?" We all have much to teach and much to learn. Listening is one of the best tools we have.

SUPPORT

The parish community of Holy Trinity supports the Sponsor and Candidate relationship throughout the preparation time. It is vital that you feel connected to the community of Holy Trinity through worship and prayer. Know that Fr. Michael and Confirmation Catechists will be walking with you as you share your faith with the Candidate. If you are coming from outside of Holy Trinity Parish; stop by and celebrate Mass with us! May God bless you for your loving attitude of caring for another in Christ.



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SPONSOR AFFIRMATION FORM DUE: MARCH 10, 2024

Desiring to be a Sponsor and being fully aware of the responsibilities associated with this honor, I hereby affirm:

- My faith in the Lord Jesus Christ and my fidelity to the teachings of the Catholic Church: (Canon law 872, 874:1.3)
- That I have received the Sacraments of Baptism, Confirmation and Eucharist: (Canon law 874:1.3)
- If married, married in the Catholic Church: (Canon law 874); If two godparents they do not have to be married to each other but previous applies. A baptized non-catholic may not be a godparent but may serve as a witness along with a Catholic godparent.
- Non-baptized persons may not serve as witnesses or godparents.
- That I practice my Catholic faith by regularly joining in the celebration of the Mass and reception of the Eucharist; (Canon law 874:1.3)
- That I am no less than sixteen years of age; (Canon law 874:1.2)
- That I am neither the father nor mother or spouse of the person receiving sacraments (Canon law 874:1.5)

Name of the Candidate: _____

Full name (first, middle, last) of Sponsor: (please print)

Sponsor Email Address: (please print)

Signature of Sponsor: _____ Date: _____

Name of the Catholic Parish where the Sponsor is Registered and Active:

Signature of Parish Pastor or representative of Sponsor if other than Holy Trinity:

Pastor Signature: _____ Date: _____



Adult Confirmation

SAINT REFLECTION DUE: APRIL 7, 2024

Through the Sacrament of Confirmation, you will receive the fullness of the Holy Spirit, whom the Lord sent upon His apostles at Pentecost. The sealing of the Holy Spirit serves as preparation for a mature Christian life. The Priest dips his right thumb in the Chrism (oil) and makes the sign of the cross on the forehead of the one to be confirmed, as he says: ***NAME OF SAINT ***, be sealed with the gift of the Holy Spirit.

Choosing a saint name is an essential part of the Sacrament of Confirmation. It is an acknowledgement that the Holy Spirit will change you through grace. We see in scripture that God changed the names of some of his own to signify their role had been changed and that they were becoming, in a sense, a new person. For example, Abram became Abraham (Genesis 17:5), Sarai became Sarah (Genesis 17:15), and Simon became Peter (Matthew 16:18).

When choosing a saint name, you should choose a saint who exemplifies a quality that you will strive to reach in your faith walk.

Please do some research and upon choosing a saint name, write a reflection about one or more areas in that the saint's life that touches you and how you would like to model your life after this saint.

- Saint Name
- Why did you select this saint; what is it about this saint's life that led you to select him or her as your saint?
- How did this saint truly live a life of faith?
- Why do you think this saint chose the way of God over the way of self?
- How do you see yourself choosing God over self by thinking about this Saint's life as an example?



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A GOOD WAY TO CHOOSE A CONFIRMATION PATRON SAINT AND NAME

During the Catholic Sacrament of Confirmation, God the Holy Spirit comes upon you to bestow numerous spiritual gifts and "confirm" the faith given you in Baptism when Original Sin was wiped away. Many times in Scripture, when God moves powerfully in a person's life, their name changes (Abram→Abraham, Jacob→Israel, Sarai→Sarah, and Saul→Paul, for example). This also happens in the Tradition of our Church when men and women enter Religious Life, or when a man is elected as the Holy Father (Joseph Ratzinger→Pope Benedict XVI, for example).

To mark the special occasion of God moving powerfully in you through your Confirmation, you may choose to take a Confirmation name. This new name -- the name of a Saint whom you admire and who you would like to imitate -- is imposed by the bishop during Confirmation. This Saint, whom you take the name of or whom you ask to be your patron can greatly help and guide you in your preparations for Confirmation and beyond!

1. Find a list of Saints, Blesseds (Beatified), or Venerables in the Roman Catholic Church by reading a book or doing online research (see the back of this page!). Saints are people who have lived holy lives and are now in heaven as members of the Church Triumphant. Their life stories give examples for others on how to overcome spiritual obstacles and live faithfully for Jesus Christ in every-day life.
2. Read about male Saints if you're male, and female Saints if you're female. Generally speaking, though it isn't always the case, most people choose a patron/name that matches their gender.
3. Pray to the Holy Spirit, and ask for help in finding a Saint whose life you'd like to imitate. When you ask, this Saint will be bonded with you spiritually, and in essence becomes your heavenly patron who intercedes for you before God.
4. Narrow your selection to two Saints. One of these will be your new Patron and the source of your Confirmation name, if you choose. Think about the specific virtues those Saints exhibited such as patience, perfection, diligence, humility, courage, mortification, meekness, obedience, prayer, charity, or simplicity. Find a virtue that connects with you.
5. Consider the one or two special stories told about the two Saints on your "short" list to help you find a spiritual connection. For example, St. Maximilian Kolbe gave up his life for another person's life in a German concentration camp during World War II, and so showed the virtue of selflessness. St. Francis, a spiritual leader who founded a religious order, led a simple life of poverty and greatly loved animals.
6. Take your list of two Saints to your sponsor, a family member, catechist, youth minister, priest, or friend who is a practicing Catholic. Talk about the Saints' lives with that person, and discuss what attracts you spiritually to these holy people.
7. Select who you would like to ask to be your Patron, ask them, and let them know why you would like to use their name as your Confirmation name. Inform your family and friends. Get used to it by saying it over and over again in your mind. Practice writing it as part of your full name.
8. Each day before you are confirmed, pray to the Saint whose name you will be using as your Confirmation name. Ask this Saint to intercede for you, to help you prepare for the Sacrament of Confirmation, to help you make the right moral choices, and overall to be a powerful spiritual guide the rest of your life.
9. Buy pictures, holy cards, statues, and books associated with your Confirmation namesake. These visual reminders of your Patron Saint will help you reflect upon his or her unique virtues. And ALWAYS ask for your Saint's prayers for you!



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SAINT, BEATIFIED & VENERABLE SAINT, BEATIFIED, & VENERABLE: HOLY WARRIORS OF JESUS CHRIST

- 1) *Patron Saints Index* – <http://saints.sqpn.com/>
- Includes Saints, Beatified (Blessed), & Venerable by topic, name, feast day, interest, patronage, and more
 - 2) *Recently Canonized & Beatified*
- www.vatican.va/news_services/liturgy/saints/index_saints-blesseds_en.html#top
 - 3) *Pope Benedict XVI's Saints* – <http://saints.sqpn.com/canonized-by-pope-benedict-xvi/>
and Beati (Blessed) – <http://saints.sqpn.com/beatified-by-pope-benedict-xvi/>
- Recently canonized/beatified Saints listed under Beatifications or Canonizations by year and name
 - 4) *Pope John Paul II's Saints* – <http://saints.sqpn.com/canonized-by-pope-john-paul-ii/>
and Beati (Blessed) – <http://saints.sqpn.com/beatified-by-pope-john-paul-ii/>
- Recently canonized/beatified Saints listed under Beatifications or Canonizations by year and name
 - 5) *Catholic Online - Saints* – www.catholic.org/saints/
- By name, patronage, male/female, miracles, feast day, location, and more
 - 6) *Catholic Doors Ministry* – www.catholicdoors.com
- By patronage
 - 7) *Saints Alive* – www.irondequoitcatholic.org/index.php/Main/SaintsAlive
- Saints canonized/beatified by Pope John Paul II, saints of the 20th Century, many others by name & feast day
 - 8) *Daily Prayer with the Saints* – <http://wordbytes.org/saints/DailyPrayers/>
- By patronage/topic and name and each having an associated prayer
- ## OTHER USEFUL WEBSITES
- 9) *Catholic Encyclopedia* – www.newadvent.org/cathen/index.html
- LOTS of information about just about anything Catholic
 - 10) *The New Catholic Dictionary (NCD)* – www.catholicforum.com/saints/indexncd.htm
- Lots of information and definitions about Catholic things and people (but not as much as the Catholic Encyclopedia)
 - 11) *The NCD's List of Popes* – www.catholicforum.com/saints/ncdpopes.htm
- Information on every Holy Father (not all of them are Saints) listed alphabetically
 - 12) *The Roman Pontiffs* – http://oce.catholic.com/index.php?title=List_of_Popes
- Information on all the Holy Fathers (not all of them are Saints) listed chronologically
 - 13) *The Wikipedia List of Popes* – http://en.wikipedia.org/wiki/List_of_popes
- It is not a Catholic source, but most of it seems accurate and it has a picture of each Holy Father.