

Faith Formation Year 2: 2026-2027 Schedule

Preparing for the Sacraments of First Reconciliation and First Holy Communion is a family experience designed to bring light and life into your homes and hearts as you share the love of Jesus and why He gifted us these two special Sacraments. Most of the preparation process will take place at home through regular family meetings guided by Pathways Mend and Nourish.

There are two mandatory preparation retreats, one parent ONLY retreat, and a First Communion Rehearsal. Students need to attend both parent & child retreats with at least one parent. These retreats are designed to help parents refresh your own understanding and desire for the sacraments while experiencing the prep process with your child. All the materials needed for the home family meetings will be distributed at the retreats. Please understand that of these dates are important elements of the preparation process. Make up opportunities will be made available for emergency situations only.

Please Save The Dates:

First Reconciliation Retreat: Saturday, October 17th, 9:00am-12:00pm OR 1:00pm-4:00pm

Parent Retreat: Saturday, December 5th, 10:00am-12:00pm

First Holy Communion Retreat: Saturday, March 13th, 9:00am-12:00pm OR 1:00pm-4:00pm

First Holy Communion Rehearsal: Saturday, April 24th, 10:00am-11:30am

The Sacrament of First Reconciliation

Mend is a First Reconciliation family experience designed to equip parents to teach, share faith, and pray with their children as they lead 7 family meetings in your home. Families will encounter Jesus and experience the beauty of Reconciliation as it connects to daily life by forming clay, making field goals, reading Scripture, engaging in meaningful conversation, and much more.

Retreat 1: Saturday, October 17th, 9:00am-12:00pm or 1:00pm-4:00pm

Meeting 1: October 25 – Handmade

Meeting 2: November 8 – The Fruit

Meeting 3: November 22 – Lost and Found

Parent Retreat: Saturday, December 5th, 10:00am-12:00pm

Meeting 4: December 6 – Washed Clean

Meeting 5: December 20 – The Goal

Meeting 6: January 10 – Hearts and Stones

Meeting 7: January 24 – Healed



On **January 30th from 10:00am-12:00pm**, we will celebrate the Sacrament of First Reconciliation with a special Penance Service held only for Holy Trinity Sacramental Prep Students. Students must be accompanied by one parent or caretaker. Please add this date to your calendar. Each child must receive the Sacrament of First Reconciliation before receiving First Holy Eucharist.

Faith Formation Year 2: 2026-2027 Schedule

The Sacrament of First Holy Communion

Nourish is a First Holy Communion family experience. As you lead your family through 9 meetings, you will encounter Jesus and experience the beauty of the Mass as it connects to daily life by building puzzles, baking, reading Scripture, engaging in meaningful conversation, and much more. Traditional classroom learning will be enhanced by parent participation as faith transitions from the classroom to the living room.

Meeting 1: January 31 – Gather

Meeting 2: February 7 – Forgive

Meeting 3: February 21 – Listen

Meeting 4: February 28 – Respond

Meeting 5: March 7 – Prepare

Retreat 2: Saturday, March 13th, 9:00am-12:00pm or 1:00pm-4:00pm

Meeting 6: March 21 – Transform

Meeting 7: April 11 – Share Peace

Meeting 8: April 18 – Receive

Meeting 9: April 25 – On a Mission

Rehearsal Day: Saturday, April 24th, 10:00am-11:30am

Sacrament Day: Saturday, May 1st or May 8th, 10:00am-11:30am



At the end of each Mend and Nourish meeting, you will use the online platform, Martha, to either upload a picture of your family activity, answer a question or, briefly share your experience with me. For your convenience, I will email everyone weekly reminders. If the Holy Spirit is moving your family forward at a quicker pace, please feel free to continue ahead of the schedules above.

First Communion Dates!

First Holy Communion Masses will be celebrated on **Saturday, May 1st and Saturday, May 8th at 10:00am**. Parents will have the opportunity to choose which date works best for your family. Children will need to arrive at the Parish Hall at 9:00am. All First Communion Celebrants will process in at the beginning of Mass and sit together in the first three pews. A photographer will be present to capture their first moment receiving Jesus. Certificates will be available to pick up directly after Mass.

In addition, to the above meetings and sessions, each family is expected to attend Mass every Sunday and on Holy Days at our parish home of Holy Trinity. The goal is for Faith Formation Families and students to experience church as a Catholic Community. After all, WE ARE THE CHURCH!